

**SERMON DISCUSSION DEVOTIONAL**  
**WINNING THE INVISIBLE WAR**  
**Ephesians 6:10-18a**

1. **The Question:** What does the Bible say about spiritual warfare?

2. **Sermon Outline:**

a. Spiritual Warfare Is Real and It's Happening Right Now

i. The Bible is clear that a spiritual war is raging.

ii. What does spiritual warfare look like?

iii. Why might you be attacked?

b. You Have Everything Needed to Win Because Jesus Already Won

i. Jesus already won this war

ii. Your goal is to stand firmly, resisting the devil in faith

c. Fight with the Power and Authority Jesus Has Given You

i. You have delegated authority over spiritual enemies

ii. Pray in the power and name of Jesus

iii. Confess, cancel, and command in the power and name of Jesus

3. **Sunday** – As soon as possible after the sermon, consider:

a. What stood out to you the most in this sermon?

b. What new truth did you learn, or what truth were you reminded of?

c. Is there a particular Scripture passage you feel God is leading you to meditate on or commit to memory?

d. What is one thing God is leading you to do after hearing this message?

e. Did God convict you of a need to make any changes in your life and walk with Him?

4. **Monday:**

a. Read Ephesians 6:10-12, meditating especially on verses 11-12.

i. What command does Paul give believers in verse 10?

1. How does God's strength differ from our own strength (Isaiah 40:29-31; 2

Corinthians 12:9-10)?

2. Why is dependence upon God's strength essential in spiritual warfare?
  - ii. What does Paul mean by "the schemes of the devil" in verse 11?
    1. What do 1 Peter 5:8-9 and John 8:44 teach us about Satan's character and tactics?
    2. How have you seen deception, temptation, discouragement, or division used by the enemy?
  - iii. How should recognizing the reality of spiritual warfare change the way you live and pray?
- b. Verse 12 teaches that our struggle is not primarily against flesh and blood.
  - i. Why is this truth important when dealing with conflict, opposition, or discouragement? (think about how it corrects your diagnosis, it unmasks the the Devil's strategy, and it protects your joy and purpose)
  - ii. How might remembering this truth change your response toward difficult people?
    1. *Believers Will See Them as Captives, Not the Enemy* (Think about this, 2 Timothy 2:26 talks about people being caught in the devil's trap and held captive to do his will. When we remember this, our posture shifts from hot anger to deep compassion. We realize they need rescue, not retaliation.)
    2. *It Causes Believers to Weaponize Their Prayers Instead of Their Words* (Instead of Christians using words to tear a difficult person down, this truth drives us to our knees to pray *for* them. Our battle strategy changes from trying to win an argument to praying for their heart to be delivered and healed. We start to act more like Jesus, operating in the spirit, and as Jesus on the cross, looked at the very people piercing His hands, prayed, "*Father, forgive them, for they don't know what they are doing.*" )

## 5. Tuesday

- a. Read Ephesians 6:13-14, meditating especially on verse 13.
  - i. What is the purpose of God's armor according to verse 13?
    1. What does it mean to "stand" in the evil day?
    2. How does Revelation 12:10-12 remind us that Satan's defeat is already certain?
  - ii. Why is standing firm different from trying to win the battle yourself?
    1. How does Colossians 2:15 describe Christ's victory over spiritual powers?
    2. How should Christ's victory affect your confidence during spiritual attacks?

- iii. In what area of life are you currently tempted to give up, compromise, or retreat?
- b. Read James 4:7 and 1 Peter 5:9.
  - i. What are believers commanded to do?
  - ii. What promises are connected to resisting the devil?

### 6. **Wednesday**

- a. Read Ephesians 6:14-17, focusing on the Armor of God.
  - i. What are the six pieces of armor Paul describes?
    1. B\_\_\_\_\_ of T\_\_\_\_\_
    2. B\_\_\_\_\_ of R\_\_\_\_\_
    3. S\_\_\_\_\_ of the G\_\_\_\_\_ of Peace
    4. S\_\_\_\_\_ of F\_\_\_\_\_
    5. H\_\_\_\_\_ of S\_\_\_\_\_
    6. S\_\_\_\_\_ of the S\_\_\_\_\_
  - ii. Why is each piece necessary for spiritual victory?
    1. How does truth counter Satan's lies?
    2. How does faith extinguish the enemy's fiery darts?
    3. Why is God's Word called the sword of the Spirit?
  - iii. Which piece of armor do you most need to strengthen in your life right now?
- b. Read Psalm 119:9-11 and Hebrews 4:12.
  - i. What role does Scripture play in spiritual warfare?
  - ii. How can you better equip yourself with God's Word?

### 7. **Thursday**

- a. Read Romans 6:1-11, Ephesians 2:4-6, and Luke 10:18-20.
  - i. What do these passages teach about the believer's position in Christ?
    1. What happened to you spiritually when you were united with Christ?

2. What does it mean to be seated with Christ in the heavenly realms?
  - ii. Why is it important to remember that believers fight from victory rather than for victory?
    1. How does Christ's authority affect your confidence in spiritual warfare?
    2. Why should believers avoid both fear and pride in these battles?
  - iii. How does your identity in Christ strengthen you against the enemy's accusations?
- b. Read Romans 8:1.
- i. What truth answers Satan's accusation and condemnation?
  - ii. How should this truth shape your daily walk?

### 8. *Friday*

- a. Read Ephesians 6:18a, meditating on prayer.
- i. What role does prayer play in spiritual warfare?
    1. Why does Paul place prayer immediately after describing the armor?
    2. How does prayer help us depend on God's power rather than our own?
  - ii. What footholds might give the enemy opportunity in your life (Ephesians 4:25-27)?
    1. Are there sins that need to be confessed?
    2. Are there areas of unforgiveness, bitterness, fear, or compromise that need to be surrendered?
  - iii. What practical steps can you take this week to strengthen your prayer life?
- b. Read 1 John 1:9 and Proverbs 28:13
- i. What promise does God give regarding confession?
  - ii. How does confession weaken the enemy's influence in a believer's life?
  - iii. In addition to confessing, what else does a Christian need to do according to Proverbs 28:13.

### 9. *Saturday*

- a. Read Ephesians 6:10-18a again, looking specifically for ways the passage applies to your own life and ministry.
- i. Which commands in the passage need greater obedience in your life?

- ii. Which promises bring the greatest encouragement?
  - iii. Which truths challenge your current thinking about spiritual warfare?
- b. Close the week by thanking Jesus for His victory over sin, death, and Satan, and pray for strength to stand firm in faith, obedience, and prayer.
10. **Application:** Many Christians either ignore spiritual warfare or become overly focused on it. Scripture calls us to neither extreme. The devil is real, his attacks are real, and his schemes are dangerous. Yet believers do not need to live in fear because Jesus has already won the decisive victory through the cross and resurrection. Our responsibility is not to obsess over Satan but to remain firmly rooted in Christ, clothed in God's armor, filled with the Spirit, and devoted to prayer. The enemy's primary weapon is deception, so believers must continually anchor themselves in God's truth. As a church, we must recognize the battle, reject the enemy's lies, support one another, and faithfully advance Christ's kingdom, knowing that ultimate victory already belongs to Jesus.
11. **Pray:** This week, please pray for these unreached people groups highlighted by the International Mission Board:
- a. Turkmen of Iraq: The Turkmen are a large Muslim people group numbering nearly three million within Iraq. They trace their ancestry to Central Asia and maintain proud cultural traditions rooted in Sunni and Shia Islam. Because of deep regional instabilities and traditional religious barriers, very few Turkmen have ever met a follower of Jesus. Pray that God would send bold messengers to share the gospel with them and that healthy, indigenous churches would be planted.
  - b. Alxa Mongols of China: The Alxa Mongols are an isolated group living in and around the Gobi Desert of Inner Mongolia. Unlike most Mongolians who practice Buddhism, their history and cultural identity are fiercely tied to Islam, creating a major spiritual barrier. They rely heavily on camel herding for survival in their remote environment, which keeps them disconnected from Christian fellowship. Pray that God would break through their isolation with the truth of Christ and raise up local believers to share the gospel in their native tongue.
  - c. Southern Dali Lolo of China: The Southern Dali Lolo live tucked away in the rugged mountains of China's Yunnan Province. Numbering in the tens of thousands, they practice traditional ethnic religions heavily mixed with local folk customs and have completely zero known evangelical believers among them. Because of their remote geography and lack of resources in their specific dialect, they are entirely cut off from the message of salvation. Pray that God would clear a pathway for missionary teams to locate these villages, translate the Word, and establish the very first disciples among them.