

Develop Personal Spiritual Habits
Session 3 – Public, Private, and Family Worship

What is Worship?

- God created us to worship – but not all worship is true worship
- Some worship is in vain
- True worship = deep focus on God – focusing and responding to Him
- All worship must be based on Scripture because that is what reveals God and Jesus

Public Worship (aka “going to church”)

- We must gather for worship - Hebrews 10:24-25, 1 Corinthians 12:12-14
- Biblical reading, preaching, singing gathered as the body of Christ

Private Worship (aka “daily quiet time”)

- Don’t expect an awesome experience worshipping God once a week in public if you aren’t worshipping daily on your own!
- God expects us to worship daily
- Elements of private worship: reading Scripture, meditating on Scripture, prayer, music and singing

Family Worship (aka “family devotions”)

- Deuteronomy 6:4-7, Psalm 78:1-8, Ephesians 6:4
- Three elements: read the Bible, pray, sing
- Be brief, regular, flexible, and patient!